



2021 Biometrics Health Screening RESULTS FORM

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MyQHealth.
by QUANTUM HEALTH

Act early for your 2021 premium incentive!

Please bring this form to your family doctor's office at the time of your annual checkup and use it to record your biometric health screening results. Please note that you must self-report all information; see more below. We recommend that you complete a biometric health screening before having your annual physical so that you can go over your screening results with your doctor. **Your results cannot be faxed.**

FILL IN AT LEAST FOUR OF THE BIOMETRIC RESULTS

Your Name: _____ Screening Date: _____
Height: _____ Weight: _____
Blood Pressure: _____ Glucose or A1c: _____
Total Cholesterol: _____ HDL: _____
LDL: _____ Triglycerides: _____
Total/HDL Ratio: _____ BMI: _____
Physician Name: _____ Physician Phone: _____

Make sure to complete all 4 activities noted on your incentive checklist on or before November 15, 2021 to receive the SAV4Health premium incentive for 2022.

You must self report all information on the incentive checklist which can be found by logging into **CityofSavannahHealthPlan.com** or the **MyQHealth app** or by calling your Care Coordinators at **866-360-7926**.

CityofSavannahHealthPlan.com

866-360-7926

(Monday-Friday, 8:30 a.m.-10 p.m. ET)

Download the app | MyQHealth - Care Coordinators