



ST. Joseph's | Candler

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## Attention City of Savannah Employees

St. Joseph's/Candler will be offering Flu Clinics at the following locations:

**Monday, September 25<sup>th</sup> at Savannah Civic Center from 1:00pm-3:00pm**

Address: 301 W Oglethorpe Ave (Mason Room)

**Thursday, October 12<sup>th</sup> at SPD Training Center from 1:00pm-3:00pm**

Address: 3401 Edwin St. (Multi-purpose Room)

**Wednesday, November 1<sup>st</sup> at Adams Complex 9:00-12:00 and 1:00-3:00pm**

Address: 20 Interchange Drive (Room 202)

Influenza (“flu”) is a contagious disease that spreads around the United States every year, usually between October and May. Flu viruses are spread mainly by coughing, sneezing, and close contact. Each year **thousands of people in the United States die from flu**, and many more are hospitalized. Flu strikes suddenly and can last several days.

### Symptoms vary by age, but can include:

- Fever or chills
- Sore Throat
- muscle or body aches
- Fatigue (tiredness)
- Cough
- Headaches
- Runny or Stuffy Nose

### The Flu vaccine can:

- Keep you from getting the flu
- Make flu less severe if you do get it
- Keep you from spreading flu to your family and others

## Protect yourself and family, stop by and get your flu vaccine!

All City employees/dependents on the City Health plan can also get a flu vaccination at any pharmacy providing vaccinations by showing their medical card.

\*\*Please note flu vaccinations are not covered via the Minute Clinic. They are only covered if given at the pharmacy with your City of Savannah Health Insurance card. \*\*\*

For more info contact your Employee Health Coordinator, Mary Jo Boyles [maryjo.boyles@savannahga.gov](mailto:maryjo.boyles@savannahga.gov) or call 912-651-6545