

To promote community wellness by providing high quality recreation and leisure opportunities that are diverse, convenient, affordable, accessible, and FUN!

CONTACT

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HOURS of OPERATION

**Monday-Friday
8:00am to 7:00pm**

Tatemville Community Center

Winter Programming: January-April 2026

PROGRAM CODES **[A] ADULT [S] SENIOR [Y] YOUTH**

Senior Programming:

SENIORS

DAILY

Meditative Music /Coffee [S]

Monday – Fridays 9:00am - 10:00am

Play soothing or meditative music while seniors enjoy their coffee. This can be a relaxing and mindful way to start the day.

Movement Monday/ [S]

Mondays 10:00am - 11:15am

Various physical activities to promote physical fitness wellbeing. Activities may include dancing to great music, chair exercises, walking with your buddies, and bicycling to burn a ton of calories.

Congregate Meals / [S]

Monday – Fridays 11:30am - 12:30pm

Daily hot meals served by staff. The monthly lunch menu can be found on a separate calendar at the center.

Embracing Creativity [S]

Wednesdays 1:00pm - 2:00pm

Needlepoint, Knitting, and Crocheting Arts and Crafts for Cognitive Stimulation. Arts and crafts offer an excellent outlet for seniors to express themselves and support healthy critical thinking and problem-solving skills. Crafting and participating in the arts can also aid in supporting improved memory and lowering seniors' anxiety and stress levels. They are also fantastic winter activities for seniors, helping keep them occupied and active no matter what weather conditions.

Mental Fitness [S]

Mondays 9:00am- 10:00am

Engaging Puzzles and Board Games Benefits include increased cognitive function, reduced feelings of loneliness and isolation, and enhanced short-term memory. Playing puzzles and board games can also foster social interactions and help older adults connect with friends and loved ones. Best of all, these senior indoor activities can be fun for the entire family year-round.

Physical Well-Being [S] Tuesdays 11:00pm-12:00pm Many adults become less physically active with age. Although many seniors enjoy walking and gardening in the nice weather, winter can halt those plans, but that doesn't mean your loved ones must be inactive all winter long. A few ideas for gentle, yet effective, exercises include the following: Gentle Indoor Exercises.

WEEKLY

Nurturing the Spirit

Wednesdays 10:00am – 11:00am A gentle, uplifting program designed to support the emotional, social, and spiritual well-being of our seniors. Through meaningful conversations, reflection activities, music, relaxation exercises, and positive connection with others, participants are encouraged to share their stories, celebrate their experiences, and find daily moments of joy and peace. The program promotes a sense of purpose, belonging, and overall wellness in a caring, supportive environment.

Lunch & learn [S]

Wednesdays 11:30am -- 12:30pm

Presented by Nutritionist, Jackie Ogden from Georgia Southern University. Jackie provides useful dietary information during the time lunch is served.

Indoor Walking [S] Tuesdays 10:00am-11:00am

Walking inside the Gym can be a great way to get some steps in for a healthy lifestyle. Walking in place for short stints can also provide cardiovascular, muscular, and mental benefits.

Book Club [S]

Wednesdays 9:00am – 10:00am

Participants engage in various discussions centered around their book of their choice.

Bingo! [S]

Thursdays 10:00am -- 11:30am

The popular game to get a row of BINGO with prizes available donated by members or community partners. This game encourages individuals to build social connections, increase hand-eye coordination, and maintain your cognitive abilities and focus.

Fitness Fridays [S]

Fridays 10:00am-11:00am

Chair yoga, resistance band exercises, or guided stretching. Chair Yoga gives your entire system a boost and can be a key part of a healthy and independent senior lifestyle. The idea is to give yourself the benefits of exercise while learning your limits and getting to know your own body.

MONTHLY

Crafty Creations [S]

Every 2nd Wednesday 10:30am - 11:30am

Monthly arts and crafts projects, such as knitting, painting, or scrapbooking. Seniors will use their fine motor skills and social skills growth while working with a group.

Cooking/Baking Class [S]

Every 1st Tuesday 10:30am - 11:30am

Make easy recipes for treats like heart-shaped cookies or brownies. These activities sharpen cognition, help support working memory, and can help those suffering with cognitive decline regain some memories.

Spring Equinox Flower Arranging [S]

Every 4th Wednesday 11:30am - 1:30pm

Bring in fresh flowers and host a flower-arranging class. These activities sharpen cognition, help support working memory, and can help those suffering with cognitive decline regain some memories.

Line Dance [S] Tuesdays 1:00pm-2:00pm Instructor or staff lead energetic steps to some popular line dance songs. Some you may know and some new to you.

Birthday Club Celebration [S]

Every 4th Wednesday 10:30am -11:30am

Do you have a birthday this month? We celebrate you and anyone else who has a birthday this month with a special treat.

SPECIAL EVENTS

New Year Kickoff Party

January 12, 2026

10:00am – 11:30am

Valentine’s Day Social

February 11, 2026

10:00am – 11:30am

Black History Month Tribute

February 19, 2026

10:00am – 11:30am

St. Patrick’s Day Celebration

March 18, 2026

10:00am – 11:30am

Easter Celebration

April 8, 2026

10:00am – 11:30am

Earth Day Project

April 22, 2026

10:00am – 11:30am

Youth and Adult Programming:

YOUTH AND ADULT

After School Homework Tutoring [Y]

Monday-Thursday, 4:00pm-5:00pm

The afterschool Program offers a safe environment to all youth from The community, the program runs during the school year for four days A week, we pen point on structured activities. Also focuses on Academic enrichment.

Kids Cafe [Y]**Monday-Friday, 4:00pm-5:00pm**

Kids Cafe is a nutrition program designed to provide healthy meals to at-risk children in a safe environment.

The Cutting Edge**Tuesdays 5:00pm-6:00pm [Y]**

Design personalized stickers for laptops, water bottles, or notebooks. Use printable vinyl or sticker paper. Create festive ornaments for Christmas, Halloween, or other holidays using vinyl or cardstock. Also design personalized shirts and other products.

Flying Bee (Recycling Craft) [Y]**Wednesdays - 5:00pm-6:00pm**

Children will learn the importance of recycling in our community by using recycled materials to create art.

Game Room Activities [Y] [A]**Monday-Wednesday-Friday 4:30pm-5:30pm**

The large game room is filled with activities, where people of all Ages can interact and spend time with others. Games Include, Bumper Pool, Ping Pong, Air Hockey, Foosball, along with board games, the game room also has a large T.V. for the video game lovers.

Nature Walk Bingo [S] [A] [Y]**Tuesday 5:00pm-6:00pm**

Get ready to explore the outdoors in a whole new way! During Nature Walk Bingo, youth turn into nature detectives, searching for plants, animals, and cool outdoor treasures to mark off on their bingo cards. From spotting birds to finding interesting leaves, every walk becomes an adventure full of discoveries, teamwork, and fun.

Super Science [Y]**Mondays 5:00pm-6:00pm**

Get ready to blast off into a world of discovery! In Super Science Explorers, youth become real mini-scientists as they experiment with chemistry, build creative inventions, explore outer space, and uncover the secrets of how things work. Hands-on activities spark curiosity,

boost confidence, and make science FUN. Every session brings a new challenge, a cool experiment, and a chance to think, test, and explore!

Tatemville Community Organization [S] [A]
Monthly Community Meeting, 3rd Monday of each Month
6:00pm-7:00pm

The Community meet at the community center, each month. Neighbors come together for information opinions to share. Resources, goals and action plans are set and assigned.

Family Fun Fest [S] [A] [Y]
Fridays 5:00pm-6:30pm

Board games like Uno, Scrabble, Sorry, Connect 4, Monopoly, Jenga Giant versions: Giant Jenga, Giant Checkers, Floor Tic-Tac-Toe Board Game Cafe stations with snacks and casual seating

Video Gaming Competition [Y]
1st and 3rd Wednesday of the month 5:00pm-6:00pm

The youth will engage in a dynamic environment that fosters both competition and enjoyment. This initiative centers around video games—electronic games that require interaction with a user interface or input device. Video games are categorized by their platform, which includes console games, personal computer (PC) games, and arcade games.

Karaoke [Y]
Monday's 5:00pm-6:00pm

To provide a safe and encouraging environment where youth can build confidence, express themselves, and explore their creativity through music and performance.

Future Minds Robotics [Y]
Tuesday's 4:00pm-5:00pm

Introduction to robotics using block-based coding (e.g., Scratch, LEGO Mindstorms). Focus on problem-solving and creativity.

Cultural Cooking Class [Y]
4th Thursday of the Month 4:00pm-6:00pm

Youth will explore different cultures by preparing simple dishes together. Each session highlights a new country, teaching youth about food traditions while enjoying a shared meal.

Music Jam Sessions [Y]
Thursday's 3:00pm-4:00pm

Youth will experiment with rhythm and sound from home using drums, keyboards, and simple percussion instruments.

Community Movie Night [S] [A] [Y]
Last Friday of the Month 5:00pm-7:00pm

A family-friendly movie will be shown in the game room each month. Popcorn and light refreshments will be provided.

Debate Dominion [Y]

Wednesday's 4:00pm-5:00pm

Youth will engage in creative self-expression through the art of debate, exploring and addressing issues that are relevant and meaningful to their lives.

Savannah Sun's Cheerleading [Y]

Tuesday through Thursday 6:00pm -7:30pm

Introduces participants to the exciting world of cheer through fun, engaging, and age-appropriate instruction. Youth learn basic cheer motions, jumps, stunts, chants, and dance routines while building confidence, teamwork, and school spirit. The program promotes physical fitness, coordination, discipline, and creativity in a supportive and positive environment. Participants develop leadership skills, make new friends, and practice sportsmanship as they work together to master routines and perform as a team. Whether beginners or returning cheerleaders, all youth are encouraged to grow, express themselves, and shine with the support of trained instructors. This program is designed to uplift, motivate, and inspire each child while promoting a healthy, active lifestyle.

Hip Hop Extreme [Y]

Wednesday 6:00pm-7:00pm

Participants will engage in a high-energy, 30-minute Hip Hop Step Aerobics cardio workout designed to promote fitness through rhythm and movement.

NextGen CEOs [Y]Tuesday's 6:00pm-7:00pm Students will identify challenges within their school or community and develop innovative solutions that can be transformed into viable business concepts. The program aims to empower youth to become confident leaders by strengthening their communication, teamwork, problem-solving, and decision-making skills.

UPCOMING EVENTS

Martin Luther King Jr. Silhouette Portraits

January 15, 2026 4:00pm-6:00pm

Families will gather to share and remember the history of MLK Jr. leaving their own legacy by creating personal silhouette portraits.

Friendship Day Snack Exchange

February 13, 2026 4:00pm- 6:00pm

All will celebrate friendship and family by gathering to enjoy each others presence of donated snacks and family friendly games.

St. Patrick's Day Crafts

March 17, 2026 4:00pm-6:00pm

Youth will enjoy seeking out four leaf clovers outside then come inside to the community room and create shamrock art with their findings.

Easter Egg Hunt

April 3, 2026 4:00pm-6:00pm

Youth will enjoy egg hunting in the community garden, while enjoying the beautiful new flowers growing in the garden.